Course Profile

Course # and Title: ML-521 Counseling as Pastoral Care
Instructor: Brooke Petersen
Semester/Year: Fall 2020

Course Rationale and Description
(Why do we offer this course? Which of LSTC’s degree program learning outcomes does it address?):

In this course we will explore the impact of our own emotions on our ministerial leadership, as well as how those emotions influence our relationships within our ministry settings. We will work to identify and understand the power of emotions for ourselves and for those we care and counsel. Throughout this course we will explore theories of counseling (both pastoral counseling and more secular models), and will learn to articulate a personal theology of pastoral counseling. We will develop methods for beginning, assessing and ending a pastoral counseling relationship. Throughout this course we will interrogate not only our own emotional reactions, but how our personal emotions and larger theories of counseling are influenced by systems of oppression, and how we can implement counseling practices that support human flourishing.

Course Learning Outcomes (Learners will be able to):
(What difference will this course make to students’ knowledge, skills, attitudes, and practices?)

At the end of the course students will be able to:
1. Describe and identify daily personal experiences of feelings including how those feelings impact their own transference and countertransference in leadership roles
2. Develop a methodology for implementing pastoral counseling in their ministry setting including how to begin, evaluate and end a counseling relationship as well as how to make appropriate referrals
3. Identify paradigms for pastoral counseling and articulate a theological frame for their preferred method of counseling
4. Critically engage secular theories of counseling and integrate these theories into their method of pastoral counseling
5. Cultivate empathic imagination
6. Analyze the impact of systems of oppression (racism, sexism, classism, transphobia, heterosexism, etc) on theories of pastoral counseling and assess how these systems influence their own counseling practices

Strategies for Learning:
(How shall we go about achieving these outcomes?)

This course will use small and large group discussions, online discussion boards, written responses, and journals to achieve course goals.
Assessment:
(How shall we know if we—students and instructors—have been successful in achieving the outcomes?)

Students will be assessed through written work (emotions journal, annotated bibliography and final paper) as well discussion and participation grades. Students will also provide written feedback assessing the achievement of course outcomes.

Bibliography:

<table>
<thead>
<tr>
<th>Text Title</th>
<th>Author</th>
<th>ISBN# (Required)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building King’s Beloved Community: Foundations for Pastoral Care and Counseling with the Oppressed</td>
<td>Donald M. Chinula</td>
<td>0-8298-1202-4</td>
</tr>
<tr>
<td>Basic Types of Pastoral Care and Counseling: Resources for the Ministry of Healing and Growth</td>
<td>Howard Clinebell</td>
<td>978-0-687-66380-4</td>
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Additional information:

Multiple articles, chapters and other electronic resources are available on the course site.